

THURSDAY 2 DECEMBER 2021 | 2PM AEDT

# Recovery Capitals resources launch

*A cross-Tasman collaboration to  
support wellbeing after disasters*



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## Welcome

John Richardson

*National Resilience Adviser, Australian Red Cross*

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# Acknowledgement of Country





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# Housekeeping

- You will remain muted and your camera will not be activated for the duration of today's event.
- Today's event will be recorded and made available after the event.
- Please enter questions for our speakers in the Q&A function, not the chat box.
- Please use the chat box to share any thoughts or reflections during the presentation –remember to select 'everyone' to ensure everyone can read your message.
- Please be respectful to each other when posting your comments or questions.

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# The need for the ReCap resources

# Recovery Capitals resources launch

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## Phoebe Quinn

*Research Fellow, University of Melbourne*

Phoebe Quinn is a Research Fellow in Disaster Recovery at the Melbourne School of Population and Global Health in the Child & Community Wellbeing Unit. She holds a Master of Public Health from the University of Melbourne. Phoebe's primary interests are in disaster recovery and resilience, community wellbeing and social equity. Her work involves close collaboration with government agencies, organisations and researchers to develop evidence-based guidance for policy and practice. This includes the development of the Recovery Capitals (ReCap) resources which support holistic, inclusive and strengths-based approaches to disaster recovery. She has a particular interest in diversity and social justice in disasters and recovery.



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## Emily Campbell

*Research Officer, Massey University*

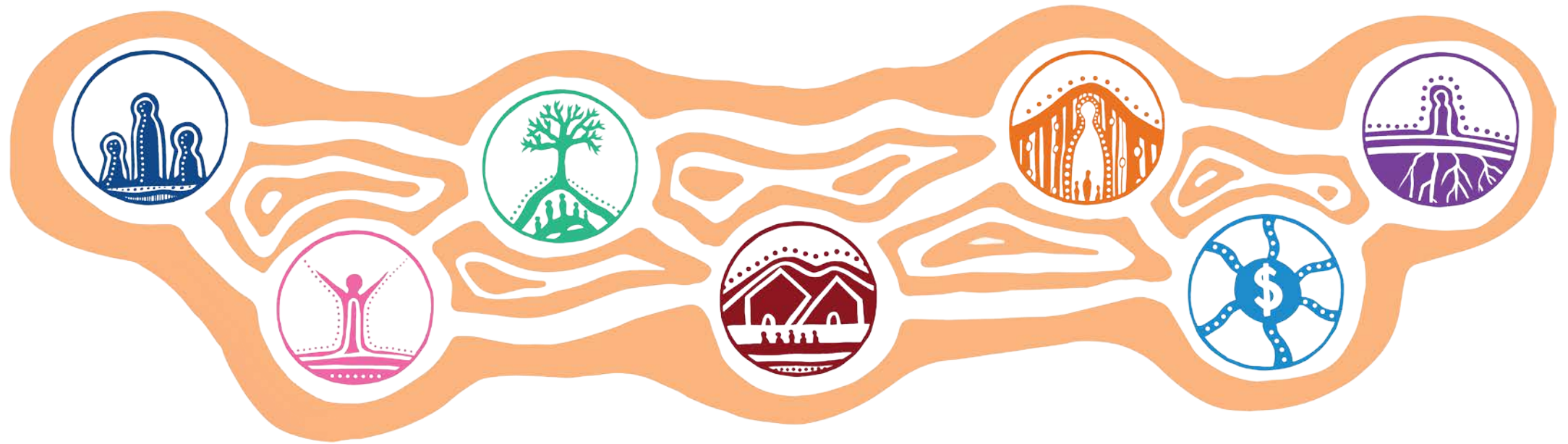
Emily is a Research Officer at the Joint Centre for Disaster Research at Massey University in Aotearoa New Zealand. Her work explores the intersection between design, communication and behavioural science for disaster risk reduction and sustainable development. This means developing culturally specific and human-centred means for improving comprehension to key information to ensure appropriate knowledge transfer and audience engagement. She has also recently completed her Masters in Urban Planning and Design.



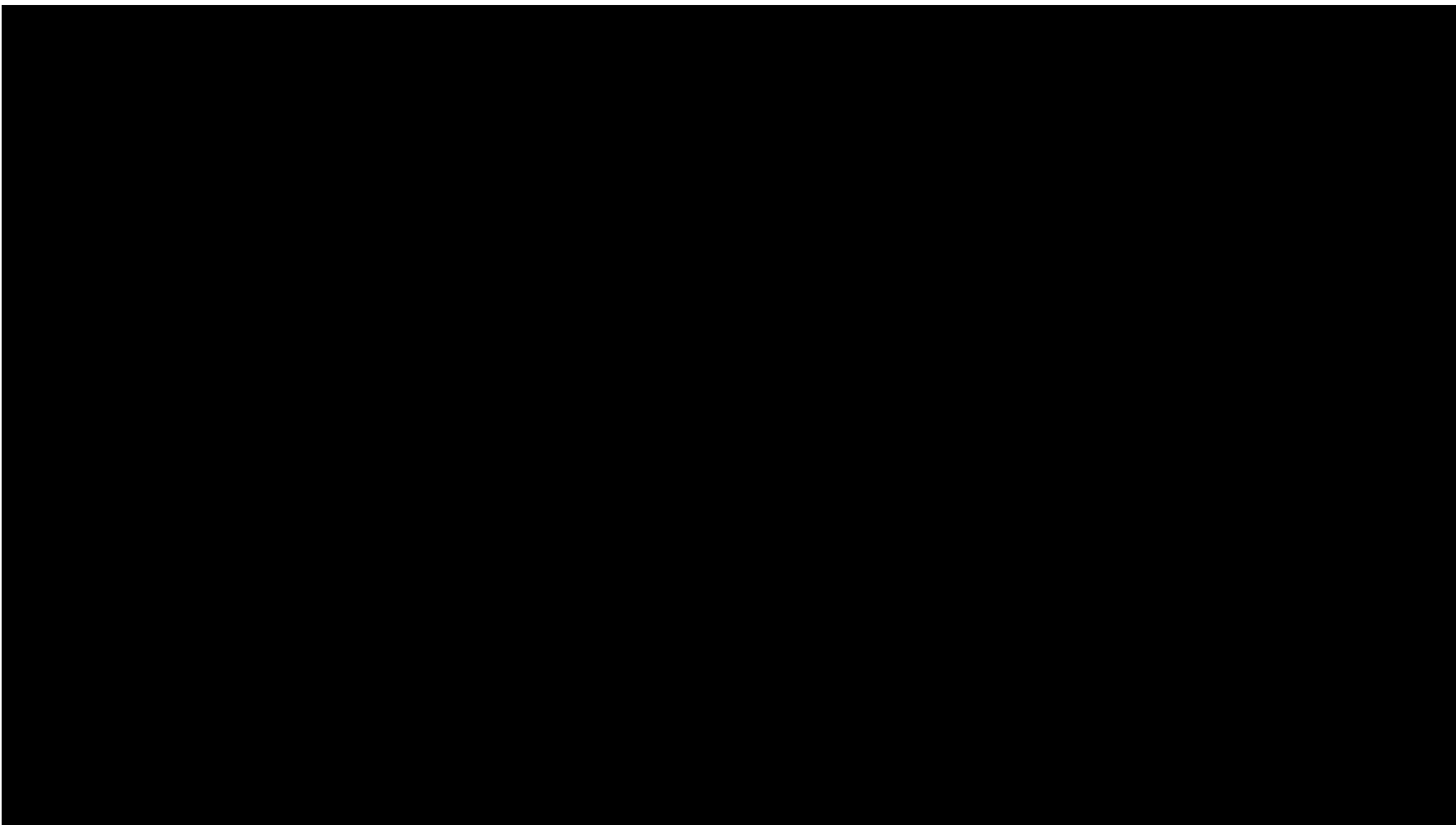


# Recovery Capitals

Supporting wellbeing after disasters







# Core ReCap team



**University of Melbourne**  
Prof Lisa Gibbs, Phoebe Quinn, Alana Pirrone

**Massey University**  
Prof David Johnston, Dr Denise Blake,  
Emily Campbell

**Australian Red Cross**  
John Richardson

## Artists



# Contributors & end-users

**Non-academic:** Australian Red Cross, Leadbeater Group, Victoria State Emergency Service, Country Fire Authority, University of Melbourne Department of Social Work, Wellington Region Emergency Management Office, New Zealand Red Cross, Fire and Emergency New Zealand, Phoenix Australia, Social Recovery Reference Group, Australian Department of Home Affairs, Department of Primary Industries and Regions South Australia, Emergency Management Victoria, Resilient Melbourne, Creative Recovery Network, Regional Arts Victoria, Flourish Kia Puāwai, Canterbury Civil Defence Emergency Management Group, Maroondah City Council, VCOSS and Bushfire Recovery Victoria.

**Academic:** Prof Daniel Aldrich (Northeastern University, USA), Prof Louise Harms, Dr Karen Block and Robyn Molyneaux (University of Melbourne); Dr Melissa Parsons (University of New England, Australia), Prof Mehmet Ulubasoglu and Farah Beaini (Deakin University, Australia), Mel Taylor (Macquarie University), Dr H. Colin Gallagher (Swinburne University); Prof Colin MacDougall (Flinders University); Prof Meaghan (Phoenix Australia), Bhiemie Williamson (Australian National University)

**Funding:** Bushfire and Natural Hazards Cooperative Research Centre.



**Who** and **what** are the ReCap resources for?

**Who:** 'Recovery workers' or anyone involved in supporting recovery from disasters

**What:** A wide range of uses – to discuss today!

## Guide to Disaster **Recovery Capitals (ReCap)**



Australian edition



# Natural | key considerations

## Simple communication of complex evidence

### Remaining and relocating

#### What we know

Connection to the natural environment is an important part of people's sense of place, and as such people may be more likely to remain in the community after a disaster event<sup>10,20</sup>.

Decisions about relocation may be further complicated for Aboriginal peoples whose rights, interest and connection to Country remain specific to the disaster-affected area<sup>4</sup>, and who may experience negative effects of relocating including an inability to maintain proper relations with Country<sup>21,22</sup>.



#### Consider

- ▶ Restore local features (such as walks and parks) and initiate diverse and accessible opportunities to enable people to engage with the spiritual and cultural significance of nature in their lives.
- ▶ Prioritise supports for Indigenous peoples to remain on Country.





# The ReCap Framework



Natural



Social



Financial



Cultural



Political



Built



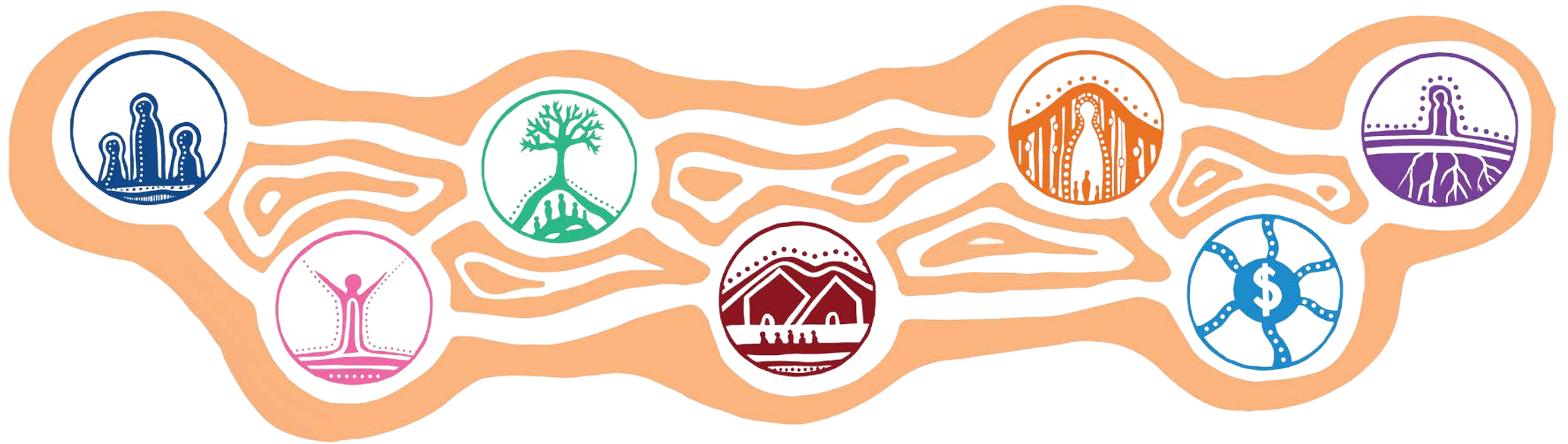
Human

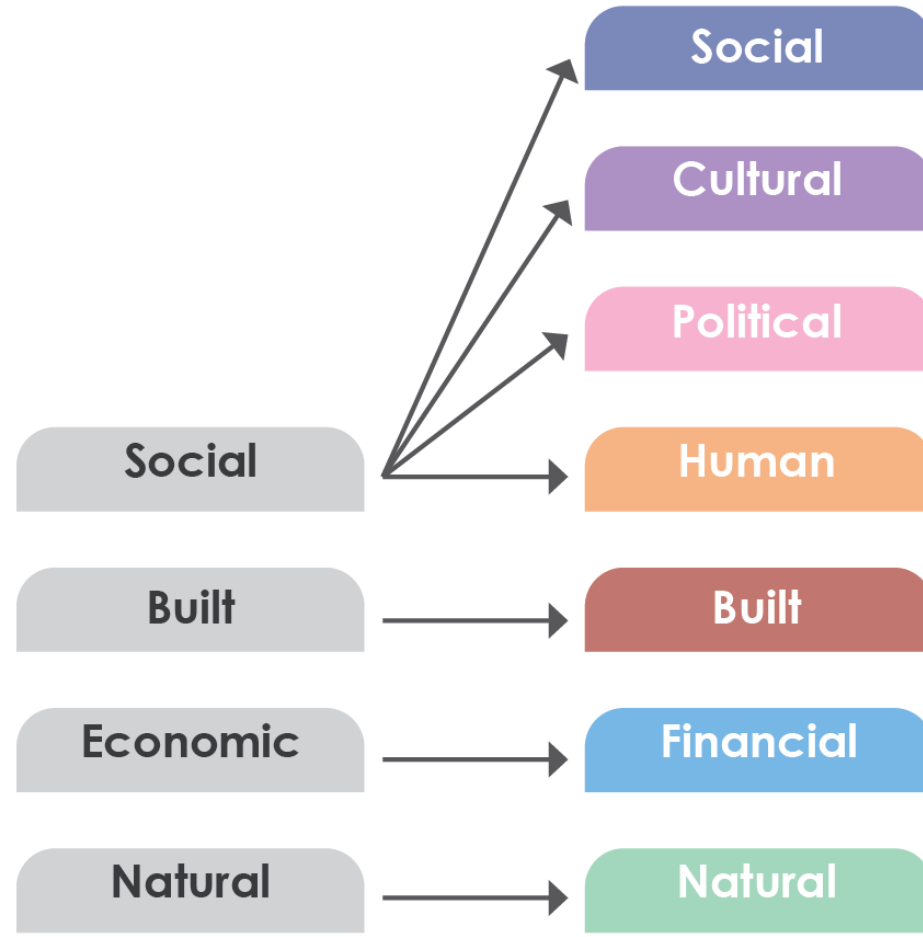
ReCap uses an adapted version of the Community Capitals Framework.\*

- Strengths-based
- Community-led

\* Emery M, Fey S, Flora C. Using community capitals to develop assets for positive community change. CD Practice. 2006;13:1–19.

# The ReCap Framework: **Interconnectedness**

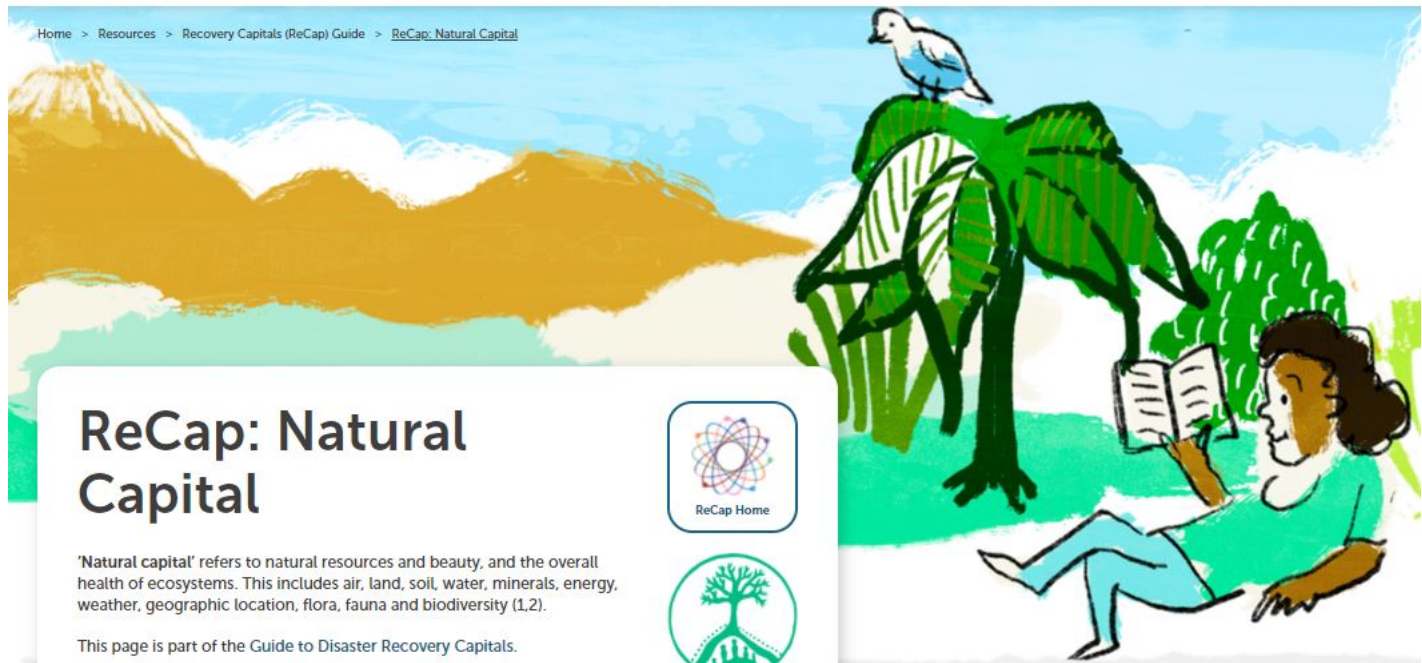




**Four recovery environments**

**Seven recovery capitals**





## ReCap: Natural Capital

'Natural capital' refers to natural resources and beauty, and the overall health of ecosystems. This includes air, land, soil, water, minerals, energy, weather, geographic location, flora, fauna and biodiversity (1,2).

This page is part of the [Guide to Disaster Recovery Capitals](#).



ReCap Home



This page is part of the [Guide to Disaster Recovery Capitals](#). The seven recovery capitals are deeply interrelated – click through to explore them all.



# An Aotearoa New Zealand Edition

- Inception and reasoning

## Guide to Disaster **Recovery Capitals (ReCap)**



Aotearoa New Zealand edition

# An Aotearoa New Zealand Edition

- Reflecting cultural specificities conceptually

## Natural | key considerations

**'Natural capital'** refers to te taiao, the natural environment and its resources, and the overall health of ecosystems that are necessary to support life. This includes air, land, soil, water, minerals, energy, weather, geographic location, flora, fauna and biodiversity<sup>2, 26</sup>. In te ao Māori a natural hazard can be a tipuna or atua. For instance, a volcano can be recognised as a tipuna, while Rūaumoko is the atua of earthquakes<sup>27</sup>. These relationships signify the connection to te taiao.



**Connection**

**What we know**

Due to our relationships to te taiao, any harm to it can cause distress and grief, in multiple ways, for many people<sup>28</sup>. Māori are particularly affected because of their genealogical relationship to whenua and as guardians and protectors of te taiao<sup>3, 15, 18, 22</sup>. Māori have a deep understanding and connection to the earth's features and processes, which in turn connects to history, culture, identity and colonisation<sup>15, 17, 18</sup>.

Following a disaster, the regeneration of nature can provide solace, and connection to the natural environment has been associated with better post-disaster mental health and wellbeing for all<sup>29, 31</sup>. Pandemics can impact mental health by restricting connection with nature<sup>29, 30</sup>.

**Consider**

- ▶ Recovery approaches should be respectful of the history, culture, strengths and circumstances of affected communities, especially Māori who should be given authority to manage caring for their people pre-event and post-event. This involves enabling communities to lead their own recovery; developing trusting relationships and collaborations; and considering the significance of whenua, trauma, healing and resilience.
- ▶ Involve tangata whenua, local residents and communities in the development of local practices to restore, protect and connect with the environment and the whenua.

10 | ReCap Guide

Natural Social Financial Cultural Political Built Human



## An Aotearoa New Zealand Edition

- Reflecting cultural specificities graphically



Central 'financial' image. Depicts resources traded between land and sea and the older means of exchange before the introduction of monetary currency.



Central 'political' image. Depicts the origins of whaikōrero (speech making or debate), one of the core political structures in te ao Māori.



Cultural

resilience

diverse  
economies



Social



Financial

caring for  
Country

healing

connection

spirituality

community

culture &  
identity

Elders

Indigenous  
organisations



Natural

traditional &  
contemporary  
knowledge

self-determination  
& leadership'

gathering  
places

food, fibre &  
medicine



Built



Human



Political



# Other ReCap resources

Recovery stories



Podcast series



Background materials



Activities & slides



[www.recoverycapitals.org.au](http://www.recoverycapitals.org.au)

# Poll: 'Applying ReCap' Activity 1

Do you see yourself as someone with a formal, informal or emerging role to play in supporting community recovery from a disaster?

Which of the 7 Recovery Capitals do you see as most relevant to your current or potential role?

## Other activities include:

Planning action in response to the 'Consider' prompts.

Drawing out evidence summaries ('what we know') that may be useful e.g. in a funding submission.

Identifying key contacts to develop relationships with as part of pre-event recovery planning.

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## Panel discussion

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# Bhiamie Williamson

*Research Associate & PhD Candidate, Australian National University*

Bhiamie Williamson is a Euahlayi man from north-west New South Wales with familial ties to north-west Queensland. In 2014, Bhiamie graduated from the Fenner School of Environment and Society at the Australian National University (ANU). Bhiamie has postgraduate qualifications from the University of Victoria, British Columbia, Canada; the Native Nations Institute, University of Arizona, United States; the University of Wollongong. Bhiamie is a Research Associate and PhD Candidate at the Centre for Aboriginal Economic Policy Research (CAEPR), ANU.





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# Bronwen Sparkes

*Director, National Disaster Recovery Policy and Frameworks,  
National Recovery and Resilience Agency*

Bron Sparkes survived the 2009 Black Summer Bushfires with her husband and young children (2 and 4 years), who were living in Kinglake at the time. They narrowly escaped their burning home, and sheltered together between water tanks under a woollen blanket. They returned to Kinglake, and lived in a caravan on their block for 2.5 years while they rebuilt their home and lives, with the support of friends, family and their community. The family moved to Canberra in 2014 and Bron now works for the National Recovery and Resilience Agency as the Director for National Disaster Recovery Policy and Frameworks. She is also completing a Masters in Disaster Resilience and Sustainable Development at the University of Newcastle.



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### Kirsten Jenkins

*Manager Health, Local Laws and Emergency Management,  
Maroondah City Council*

Kirsten had a significant role in Nillumbik Shire’s response to the February 2009 bushfires that affected the municipality, both in recovery and public health areas. She has been to Haiti and Nepal following their earthquakes as a Community Health delegate with the Australian Red Cross. Since starting at Maroondah City Council in April 2016 she has been in the position of managing the Council’s Emergency Management planning and recovery programs, more recently developing the Maroondah Covid Recovery Plan.



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# Michael Donoghue

*Disaster Recovery Manager, New Zealand  
Red Cross*

Michael has worked in disaster Recovery and led teams serving people impacted by crisis and trauma since 2005. Michael is presently the national Disaster Recovery Manager at New Zealand Red Cross. Michael's work spans the Recovery from the Canterbury 2010/11 earthquakes, the November 2016 earthquake sequence and the Christchurch terror attacks, along with many other emergencies across New Zealand. Michael also leads the development and provision of the psychosocial support New Zealand Red Cross people provide to those impacted by disasters.



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## Q&A

- Don't forget to enter you questions into the Q&A box.



Celebrating resilience initiatives across Australia



# 2021 Resilient Australia Awards NATIONAL CEREMONY

Wednesday, 8 December  
12.15pm AEDT

**WATCH LIVE ONLINE**

[aidr.org.au/raa](http://aidr.org.au/raa)



NATIONAL  
AWARD



MENTAL HEALTH &  
WELLBEING AWARD



COMMUNITY  
AWARD



LOCAL GOV  
AWARD



PHOTOGRAPHY  
AWARD



SCHOOL  
AWARD



Please get in touch!

[recoverycapitals.org.au](http://recoverycapitals.org.au)



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John Richardson

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## Event concludes

- Thank you for attending today's webinar.

**Contact:**

[www.recoverycapitals.org.au](http://www.recoverycapitals.org.au)

Phoebe Quinn (phoebeq@unimelb.edu.au)

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