



Australian Government
National Recovery and Resilience Agency

Australian Institute for
Disaster Resilience 

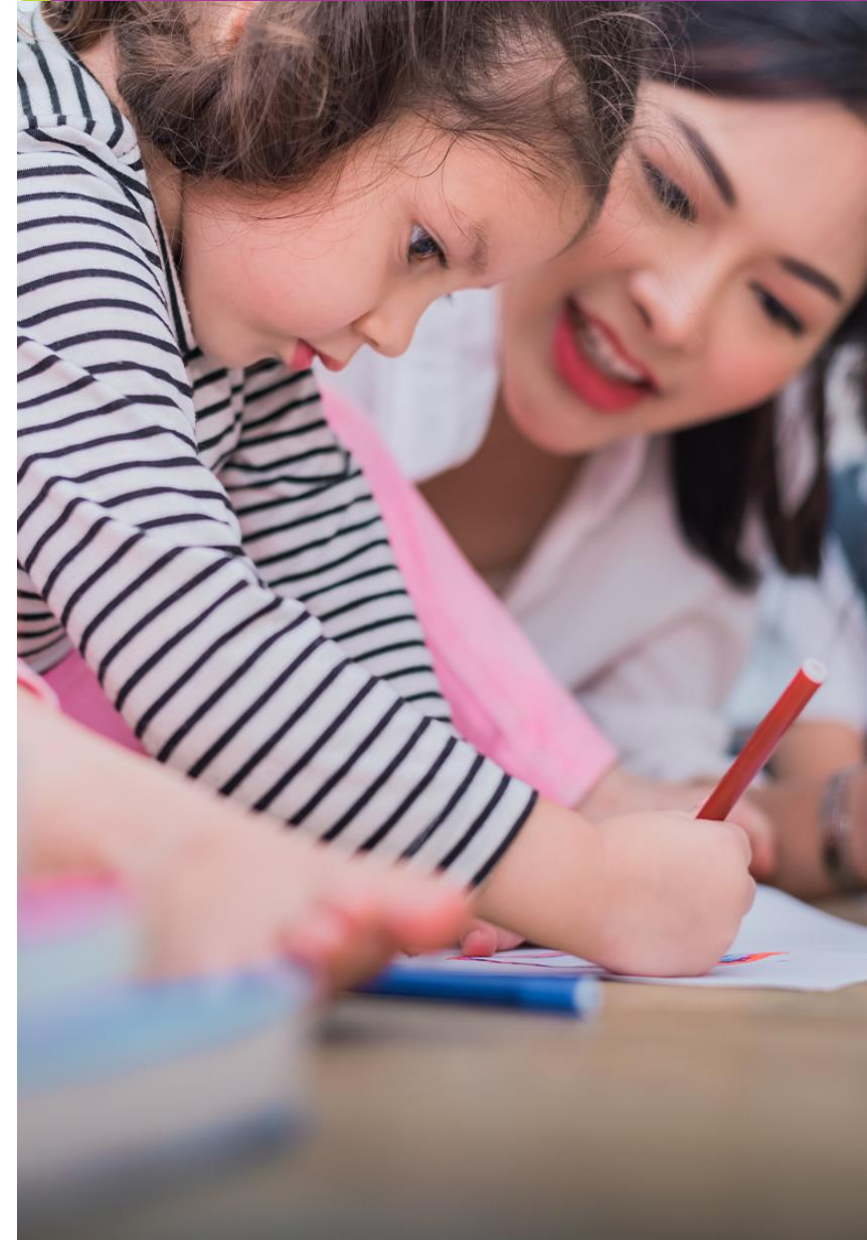


#ADRC22

Understanding the educator's role in supporting children following a disaster

**Emerging
Minds.**

National
Workforce
Centre for Child
Mental Health











New online course: Supporting children who disclose trauma



Log in or register



Published resources

Emerging Minds. National Workforce Centre for Child Mental Health

Resourcing Communities from Trauma

Emerging Minds. National Workforce Centre for Child Mental Health

Trauma responses in children aged 0-24 months

Key Messages

- Babies are vulnerable
- There can be trauma responses
- Child can play a role in identifying especially with their additional
- Post-traumatic stress development
- Early intervention

A commonly held view is that five-year-olds are immune to trauma. In fact, the most vulnerable are the youngest children as they are underdeveloped and are strongly protected from trauma. Although babies present with different signs and respond to trauma differently, it is very important to identify developmental age groups, as 1-year-olds cope with disaster differently.

Resource Matrix HSSPs Emerging Minds.

Topic/Title	Target Demographic	Media	Author	Description	Access
Emergency Planner (RediPlan)	Families	Downloadable planner	Australian Red Cross Australia	Step-by-step planner for families to use in preparing for an emergency.	RediPlan https://www.redcross.org.au/campaigns/prepare/prepare-protect-what-matters
Emergency Planner (RediPlan) Auslan	People with hearing loss	Video	Australian Red Cross and NSW Deaf Society Australia	Preparedness videos based on the RediPlan to help the deaf prepare an emergency plan.	RediPlan https://www.redcross.org.au/community_programs/prepare-get-ready-project
Emergency Planner (RediPlan) Children	Children	Downloadable planner	Australian Red Cross Australia	Children's activity book to assist with planning for a disaster.	RediPlan https://www.redcross.org.au/getmedia/5282edc7-8382-45d5-a982-fc307ba39715/get-ready-childrens-activity-book.pdf.aspx
'Get Prepared' App	Families	App (Phone and Android)	Australian Red Cross Australia	Mobile app to build a plan and connect with key support people online.	'Get Prepared' app https://www.redcross.org.au/campaigns/prepare/prepare-protect-what-matters
Community trauma preparedness tips	Families	Tip sheet	Australian Child & Adolescent Trauma, Loss & Grief Network, Australian National University (ANU) and Emerging Minds National Workforce Centre for Child Mental Health Australia	Practical and psychosocial strategies for parents and caregivers.	How parents and caregivers can prepare for a natural disaster https://emergingminds.com.au/resources/how-parents-and-caregivers-can-prepare-for-a-natural-disaster/
Psychological preparation (AIMS model)	General	Downloadable tip sheet	Australian Psychological Society Australia	A 3-step model of preparation for natural disasters.	Psychological preparation for natural disasters https://www.psychology.org.au/getmedia/2447f1be-a756-45d5-a982-838307545d9a/psychological-preparation-for-natural-disasters.pdf
Psychological preparedness	Families	Video	Australian Psychological Society Australia	Easy steps for parents to help their children prepare psychologically for the threat of disasters.	Preparing children for disaster https://www.psychology.org.au/for-the-public/psychology-tools/Disasters/Preparing-for-disasters/Preparing-children-psychologically-for-disasters
Disaster risk reduction awareness	Children aged 10-14 years	Activity book	Children in a Changing Climate Coalition (ChildFund Alliance, Plan International, Save the Children, UNICEF and World Vision) International	Child-friendly awareness raising activity book, developed in consultation with children.	Child-friendly Sendai framework for disaster risk reduction https://plan-international.org/publications/child-friendly-sendai-framework-disaster-risk-reduction
Bushfire preparedness	Families	Downloadable tip sheet	Australian Child & Adolescent Trauma, Loss & Grief Network, Australian National University (ANU) Australia	Bushfire preparedness advice and tips for talking to children.	Bushfire preparedness for your family https://www.emergingminds.com/content/uploads/2014/10/Bushfire-preparedness-for-your-family.pdf

Interviews and explainer videos



Podcasts

Disaster preparedness, myths and programs that hold promise

DR BRIONY TOWERS

Emerging Minds Podcast

Focus on the positive future

Emerging Minds Podcast

[emerging
minds.com.au/
resources/
toolkits/](https://emergingminds.com.au/resources/toolkits/)



Fact sheet

Trauma responses in children aged 0-24 months

EMERGING MINDS AND THE UNIVERSITY OF Q...

This fact sheet outlines the typical trauma responses that may be seen in children aged 0-24 months following a traumatic event.

Video

Workshop

...h and social ...ce practitioners ...nity trauma ...shop

MINDS

...g is for HSSPs to be equipped with knowledge and skills required to support resilience and coping and decrease adverse reactions in children (0-5 years) following a natural disaster

...newen ...nity: A ...re recovery 10 years in the ...g

MINDS

...f the Strathewen Primary School share their wisdom and ...s, 10 years after the 2009 ...shfires devastated the

Community Trauma Toolkit

307 RESOURCES

The Be You Bushfire Response Program



With delivery partners



Funded by







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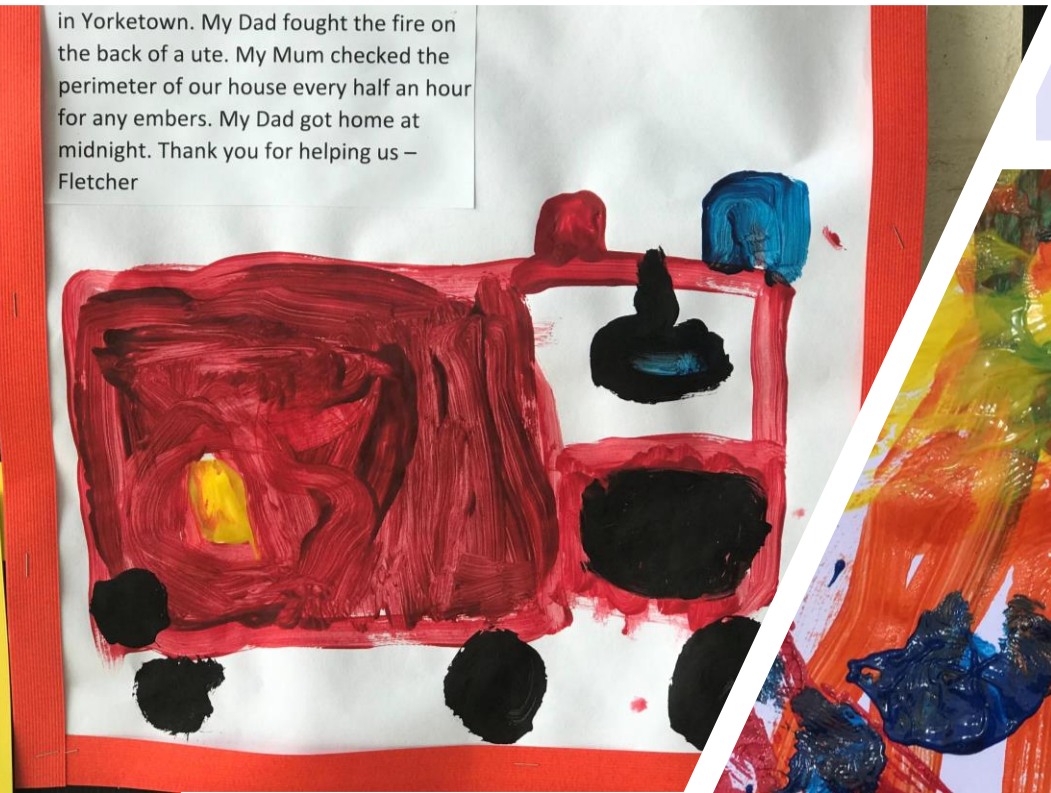
FUEL

TOYOTA

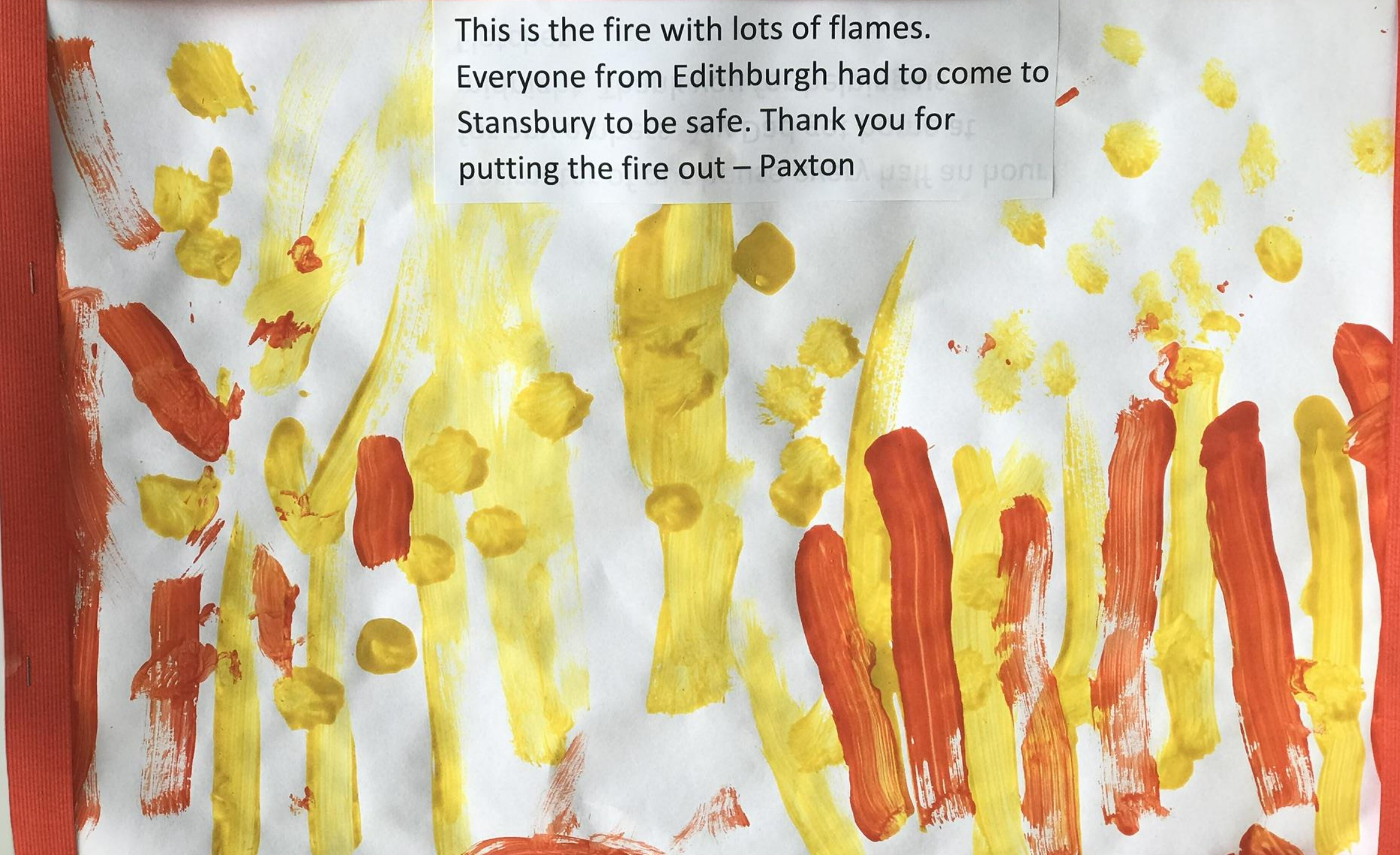




in Yorketown. My Dad fought the fire on the back of a ute. My Mum checked the perimeter of our house every half an hour for any embers. My Dad got home at midnight. Thank you for helping us – Fletcher



This is the fire with lots of flames.
Everyone from Edithburgh had to come to
Stansbury to be safe. Thank you for
putting the fire out – Paxton









Educator wellbeing

Activating support

Child wellbeing & learning

Daily approaches

Monitoring progress



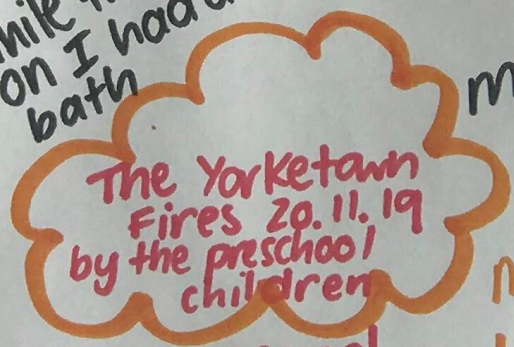
**Daily
approaches**

We couldn't go to preschool because of the fires
Dad our and dogs at home. My
fire flames my house
I was really scared
there was a fire at the
water tower
the bombers house I was upset
the fire was next to my house

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We ate ice blocks in the car because it was very hot and we had to run.
I smelt the smoke
my mum gave me a milk
I saw 4 firetrucks we had to leave my house and I saw my friend Aiden at the club
Some tractors got burnt
Dad called his work and the fire was towards Edithburgh
I was scared and a little bit frightened
the fire was going towards
I was upset



while the fire was on I had a cold bath
my house didn't burn down, lots of smoke
I saw the water bombers
I live on airport rd
my mum kept checking air house, I saw the smoke
All of the Edithburgh people came to Stansbury to be safe
we were looking around the paddocks and





Be You offers



Handbooks



Programs
Directory



Access to Be You
Consultants



Tools and Guides



Suicide
Prevention and
Response



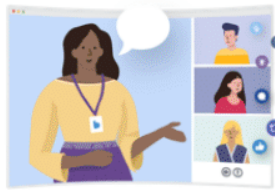
Fact Sheets



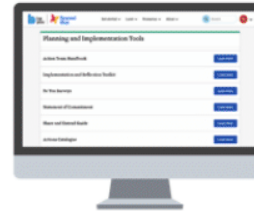
Be You Consultant
support for Suicide
Prevention and
Response



Be You Surveys



Sessions and
Events



Access to Action
Team Leader
Dashboard



Be You Planning
and
Implementation
Tools support



Professional
Learning

Activating support







Thank you.

Please let us know if you have any questions or comments on the presentation.

We appreciate your feedback.



The National Workforce Centre for Child Mental Health is funded by the Australian Government Department of Health under the National Support for Child and Youth Mental Health Program.

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